

The Association

Rape Crisis Centers

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The Association of Rape Crisis Centers in Israel



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Rape Victim Cycles Across Israel To Lay Childhood Ghosts to Rest, NIF News, 11.29.2005

Israel Office

Feature: Breaking the Silence Rape Victim Cycles Across Israel To Lay Childhood Ghosts to

Earlier this month, Aliza Amar, 45, returned home to Israel after 20 years in the US to "break her silence" and talk candidly for the first time about her life.

Aliza began cycling around Israel on November 19 from Rosh Hanikra on the Lebanese border. She completed her journey in Eilat on November 25, International Day for the Elimination of Violence Against Women, and entitled her voyage "Breaking The Silence" in keeping with this year's global theme.

"Aliza contacted us three months ago with her idea for a cross-thenation cycle ride to confront her childhood abuse," recalled Hilla Kerner-Soliman, Director of veteran NIF grantee Association of Rape Crisis Centers in Israel (ARCCI). "We were happy to sponsor and organize this journey, which dovetails with our latest campaign to encourage women to break their silence and talk about their horrific experiences."

There were three aims to the journey: to enable Aliza to confront her own ghosts: to raise awareness about the problem of sexual assault in Israel; and to raise funds for ARCCI and Israel's rape crisis centers and shelters.

Aliza was raped when she was just six years old. She was repeatedly abused as a child in institutions, and later in her teen years and as a young adult. Eventually she left Israel for America.

"Every assault would take me back to my childhood and generate a sense of guilt which would keep me silent," Aliza explained. "The silence is paralyzing. My journey across Israel helped me heal myself and get other women's attention. The more that women see someone breaking the silence, the more they will realize it wasn't their fault and the more comfortable they will feel in coming out themselves."

Aliza was joined on portions of her journey by over a hundred wellwishers and supporters, including volunteers from ARCCI and several dozen women who were also confronting past sexual abuse for the first time. Aliza and friends cycled past ARCCI centers and shelters, which were set up by NIF. Special events were held on the way, and she celebrated the end of her trip last Friday in Eilat with a gathering of more than 100 people, including local police and municipal representatives.

The bike ride succeeded in attracting extensive media attention in Israel, including a major profile in the weekend magazine of Yediot Ahronot, Israel's largest daily circulation newspaper, and a feature in the Jerusalem Post.

ARCCI strives to reduce the incidence of sexual violence, improve services for survivors of assault, promote public awareness and advocate for legislation to protect women and children.

Media Highlights

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Media Highlights

New Exhibition: Where Were you When it Happened Media Coverage and Sexual Assault A new survey of ARCCI: 68% of respondents who knew that a friend was sexually assaulted did not report the assault. In addition, most reports of sexual violence involved violence in the workplace Increase in calls to the Rape Crisis Centers hotline 2012 saw 30% of adult women who appealed to the RCC reported sexual assault in the workplace The Association of Rape Crisis Centers in Israel calls on "Hadashot 10" to commence in a substantial and thorough investigation to examine the allegations of inappropriate behavior on the part of journalist Emmanuel Rosen towards women who worked alongsid The Katzav Affair Highlights 2006 Highlights 2005 Highlights 2004

For more pictures of the bike ride see: http://www.eilat-tv.com/aliza.htm

Facts and Figures Reflect the Extent of Abuse and Violence in Israel

In 2004, ARCCI received 32,737 calls on its national hotline, of which 8,049 were from victims who were reporting an assault for the first time, and 9,086 were repeat calls. Out of all first-time callers, 2,371 reported rape, 1,235 incest and 921 sexual harassment. The repeat calls included 1,202 calls from women suffering from physical violence inflicted by their spouses, 103 calls from children suffering from violence in the family, 264 calls from women in different stages of divorce and 262 calls from women with an unwanted pregnancy. 2,327 calls were received reporting sexual assault of children younger than 12 years old (32.4 percent of the total calls).

During the first ten months of 2005, there was a 14 percent increase in the number of incest victims contacting ARCCI, and a 26 percent increase in reported group rape, while the number of calls concerning rape fell by 12 percent. In 83 percent of assault cases the victim is familiar with the assailant.

Meanwhile, former NIF grantee Isha L'Isha has revealed that between October 2000 (when the second intifada began) and April 2005, 38 Israeli women were murdered with the use of firearms, compared to 14 women in the four years preceding the intifada. The increase is attributed to the growing number of Israeli men now licensed to own handguns for security purposes.

The Horror of Honor Killings Goes On

Veteran NIF grantee **Women Against Violence (WAV)**, which is one of 10 organizations operating under ARCCI's umbrella, has put the topic of violence against women on the public agenda in Israel's Arab society. To mark International Day for the Elimination of Violence Against Women, WAV recalled that nine Arab Israeli women have been murdered by relatives in so-called "honor" killings over the past year, and demanded that the phenomenon be rooted out. The most recent of these victims was 23-year-old Samar Hasan, a Christian Arab from Shfaram near Haifa, who was murdered by her father and uncles because she was living with a Muslim man.

"We established the first full-service Arabic-language crisis hotline in Israel," recalled WAV's Director Aida Touma-Suliman, "and Israel's first shelters and halfway-houses for Arab women and girls."

Over the past year WAV has prvided nearly 200 workshops designed to raise the awareness of Arab women to the problems of domestic violence. Brochures were also distributed to 10,000 women.

Link to original article

- Rape Victim Cycles Across Israel To Lay Childhood Ghosts to Rest, NIF News, 11.29.2005
- Number of incest cases reported this year rises 14 percent, by Ruth Sinai, "Haaaretz" 11.22.2005
- A ride to heal past wounds, prevent future harm, by Revital Arnabaev, Jerusalem Post 11.17.2005
- If it happens to you..., by Paula Slier, Jerusalem Post 9.30.2005
- Director of the ARCCI selected as one of the most influential women in Israel in 2005, "Globes" magazine, September 2005 edition
- Reports of sexual assault up in 2004, by Hilary Leila Krieger, Jerusalem Post, 8.10.2005
- minors cited for sex assaults in 2004, by Ruth Sinai, "Haaretz" 450 8.10.2005
- News in Brief: Rape crisis centers set to lose 25 percent of government aid, by Ruth Sinai, "Haaretz" 3.28.2005

- Reports of sexual assaults skyrocket, by Hilary Leila Krieger, Jerusalem Post 2.22.2005
- Reports to rape crisis hotlines rise 15% in 2004, by Ruth Sinai, "Haaretz" 2.21.2005
- Judge's ruling helps victims of incest to sue years later, by Ruth Sinai, "Haaretz" 2.11.2005
- Rape victim slams society in suicide note, by Ruth Sinai, "Haaretz" 1.26.2005
- Sexually abused minors can file complaint until age 28, by Gideon Alon, "Haaretz" 1.18.2005

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